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Warrington Soccer Club – u5 Program Summary

Warrington Soccer Club & Smart Soccer – proud soccer partners for over 20 years!

Smart Soccer oversees the Warrington Soccer Club u5 program. There are no formal coaches at the u5 level, a professional coach from Smart Soccer is on site to oversee each 1-hour Sunday session.

A pre-season meeting/clinic is conducted to fully explain all aspects of the u5 program.

In Brief:

During the opening part of each session parents actively assist in helping their child learn skills. We then conclude each session with informal Micro Soccer games randomly dividing players into teams each week. A parent or adult must attend each session 'dressed to play' and be willing to help their child with the skills. Some parents will also be required to help oversee the Micro Soccer games. This program does not require parents to have any prior soccer experience just show up to have some fun kicking a soccer ball with your child!

Weekly Format:

- Fun individual skills involving player and parents
- Small group shooting activity or relays involving player and parents
- 3 vs. 3 games – ONE adult only on the field. A few parents are required to assist with games

3 vs. 3 Games (no goalkeepers) – *we will demonstrate a game at the pre-season game (weather permitting)*

These are fun low-key games with teams randomly selected each week.

Players can be switched at any time, to even up teams.

- ONE adult only on the field
- Ball out sideline: adult passes or rolls ball back in play along the ground
- Ball out endline: offense retreat half-field, defense dribble or pass ball back in play
- GOAL! Restart from center
- The adult on the field should keep the game moving by passing the ball into space, particularly when faced with 'the swarm'!
- During games in addition to the adult on the field two other adults are needed to supervise sideline substitutes

We look forward to a super soccer experience with you and your child this season!

EQUIPMENT

Each week your child should bring a #3 ball and a drink.

Shin guards and cleats must be worn.