



Highlighted League Details

- The league runs on Tuesday and Wednesday evenings with two games kicking off PROMPTLY at 6.30 pm
- The league begins July 10 & 11 and ends August 21 & 22 for a 7 week season
- Thursday evenings will be used for reschedules as needed
- A game overseer will be on site at every session to ensure the games are played in a FUN and friendly environment
- Games are 2 x 25 minute halves with a 5 minute half-time break
- Games are 6v6 including the goalkeeper although adjustments can be made depending on the number of players that show.
- NO GUEST PLAYERS ALLOWED only registered players can guest play for other teams in the league
- **Shin-guards must be worn or you cannot play**
- The use of foul language (i.e. **F-Bombs**) will result in immediate yellow cards
- Please be sure to bring lots of water it gets hot and staying hydrated is essential.
- You can sign-up to be notified of game cancellations on the website highly recommended to save you a journey if fields are closed, a decision is usually made no later than 4 pm

League Rules of Play

- Although it is necessary to have league and game rules the spirit of the Summer Soccer League is 'Soccer and Social' please exhibit good sportsmanship at all times, play safe, have fun and enjoy the games and the post-game camaraderie.
- All registered players can sub for any other team in the league whenever they want. Teams in need of players should send out an email to everyone in the league. Any new players must fill out a release form and pay the coordinator \$10 before playing.
- ***We reserve the right to modify any of the below rules if we feel it will benefit the overall player experience and quality of play.***
- Games are 'self-refereed' but will be managed by the game coordinators. They will oversee both games and manage them accordingly.
- The use of foul language (i.e. **F-Bombs**) will result in immediate yellow cards, which requires a 5 minute cool down period.
- If one team is short players, please try to supplement the other team by loaning players if possible.

FIFA rules apply with the following exceptions...

- There is no penalty area, just a keeper's arc of 7 yards. Defenders are allowed to enter to clear the ball; all others are not allowed to enter to play a loose ball. Keepers may only use their hands in the arc.
- **Keepers are not allowed to become field players. They may enter the box outside of the arc to clear the ball or pass to a teammate.**
- Substitutions are unlimited during the game and can be made at any time.
- There are no off-sides.
- Restarts are from kick in (not throw-in) from the sideline. You cannot score directly from a side line kick-in.
- There are no goal kicks, restarts are either a throw or to be set down and played immediately by the keeper.

Player Safety

No unnecessary roughness, slide tackles are NOT allowed, shin guards must be worn and the wearing of any form of jewelry (including watches) is not permitted during play. Soft casts may be worn at the game coordinator's discretion no hard casts.

Disciplinary

- A player who receives a yellow card must leave the field of play for 5 minutes but can be replaced
- A player who receives two yellow cards in one game must leave the field of play and cannot return
- A player who receives a straight red card must leave the field of play and cannot return

Suspension

A player who is sent off receives a minimum one game suspension. A player who receives a red card for violent conduct will be subject to a longer, possible season long, ban. Teams with continual poor player discipline may be removed from the league.